

## Hygiene Zone Coaching Guide

Continued education and reinforcement not only helps maintain a safer working environment but also helps ensure food safety. This checklist is designed to provide talking points to bring up with your team about following proper hygiene zone procedures.

### Reference Data Points Around You:

- Make sure that you're following proper steps - refer to posters and training materials
- Maintain awareness in the hygiene zone to ensure quality hygiene events

### Ensure Proper Hygiene Events:

- Make sure you take the appropriate amount of time for each of the hygiene steps
- Be mindful of cross-contamination touch points that can lead to pathogen spread
- If something is empty, alert the team leader that the hygiene zone needs attention

### Be Mindful of Others:

- Don't waste time in the hygiene zone, get through in a timely manner so everyone can have a proper hygiene event
- Be careful about social distancing, follow cues throughout the hygiene zone

It's also important to talk about and reinforce proper hygiene steps in each of the hygiene zone areas including:

### Footwear Sanitation:

- If using a boot dip or low-moisture sanitizing pan, make sure that you fully step into it
- Be mindful of slipping or tripping hazards when exiting boot dip pans or boot scrubbers
- Make sure shoes are securely tied before entering a boot scrubber or footwear sanitation pan



## Donning Frocks or Smocks

- Make sure the sleeves are down and all buttons are buttoned
- Make sure there are no loose or un-tied frock or smock strings
- Make sure you are donning a clean frock in the correct size

## PPE:

- Always don PPE in the correct order
  - Hearing protection
  - Beard net
    - Ensure beard net strings are below the hair net
    - Make sure your nose is covered by the beard net
  - Face mask (if applicable)
  - Hair net
    - Ensure all hair is tucked into the hair net
    - Ears should be covered by the hair net
  - Safety glasses / eye protection



## Handwashing:

- For hand hygiene follow the complete process:
  - Manual handwashing - full 20 seconds
    - Sing "Happy Birthday" to yourself twice
  - Automated handwashing - keep your hands in the cylinder for the full 12 second cycle

## Hand Drying

- When drying with paper towel, thoroughly dry hands while stepping towards the exit
  - Throw paper towel in the trash bin
- If using an air dryer, make sure hands are completely dry before stepping away
- Never dry clean hands on frocks or pants